



NatWest

NatWest Business Builder

Building a Growth Mindset



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1

**Believe that you can
learn, placing effort
over talent.**

Belief = Action = Growth





Notes



Chapter 1 – Building a Growth Mindset

Take some time now to identify three key areas, skills or abilities that you have previously approached with a fixed mindset but would like to develop further. Reflect on what was stopping you from developing these skills in the past asking yourself these questions to help:

What was stopping you from developing these skills?

Can you identify any common triggers or situations that would bring on a fixed mindset?

How did it make you feel?

What do you worry about?



2

Step outside your
comfort zone
and continue
to challenge
yourself.





Notes

“

3

WORDS HAVE POWER
“THE POWER OF YET”,
CAROL DWECK

”



Chapter 2 – Building a Growth Mindset

Now take some time to reflect on your answers from the last chapter and identify three key actions (remembering that words have power) you can take to overcome that fixed mindset and start to develop those abilities.

Consider how much, by when and who you need to support you.

1.

2.

3.



Notes



4

ENJOY THE JOURNEY,
RELISH THE FAILURE





Notes



Actions

Now over to you, reflect on any setbacks or failure that you have experienced so far and think about how you dealt with that challenge, and whether you could have done anything differently.

Take some time to review what you have learnt within this module and write down three key actions to take your business forward. Make sure they are SMART actions, specifying how much you are going to do and by when.

1. Action One

Complete by:

2. Action Two

Complete by:

3. Action Three

Complete by:

Well done, you have completed the Building a Growth Mindset module!

Continue to develop your mindset through:

- Our library of digital modules on a whole range of topics.
- Join the online community to connect with other like-minded people.
- Sign up to one of our wrap around events across the UK.

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THANK
YOU



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